



SHORE EXCURSIONS

7
nights

ROYAL CLIPPER Grenadines Islands



Sat	Bridgetown, Barbados
Sun	Captain's best, Grenadines
Mon	St George's, Grenada
Tue	Tobago Cays, Grenadines
Wed	Kingstown, St Vincent (AM) Admiralty Bay, Bequia (PM)
Thu	Fort-de-France, Martinique (AM) Beach, Martinique (PM)
Fri	Marigot bay, St Lucia (AM) Soufrière, St Lucia (PM)
Sat	Bridgetown, Barbados

What you need to know before booking your shore excursion:

- All our tours are offered with English speaking guides.
- The length of the tours and time spent on the sites is given as an indication as it may vary depending on weather, sea and traffic conditions and on the group's pace.
- The level of physical fitness required for our activities is given as a very general indication. Passengers should be fit and active to join tours which include hiking, kayaking, snorkeling, boating, or similar activities.

How you can book your shore excursions:

- Shore excursions can be booked onboard, using the "sign-up lists" available at the Excursions desk. Debark tours ending at the airport and transfers can now be pre-booked prior your cruise.
- In order to provide the best service and to avoid disappointments, please book your shore excursions as early as possible: places are limited and there is a booking deadline for each port.
- A minimum number of participants is required for each tour; if the required number is not attained, the tour may be cancelled.
- Cancellation and changes are possible until the booking deadline. After the booking deadline, 100% cancellation fees will be charged.

Important notes:

- Departure times of the tour are mentioned on the daily program of each port.
- All information concerning excursions is correct at the time of printing. However, Star Clippers reserves the right to make changes.

Last updated tour descriptions are available on Star Clippers' website and onboard the ship in a file at the Excursions desk.

Date of last update: 07th of June 2024

GRENADA - Chocolate and falls

Duration:	Activity level:	Price:	Transportation:	Min 20 / Max 60
4:00	<i>Moderate</i>	49 €	minibus	participants

This aromatic island tour will allow you to know everything about the “Jouvay” organic chocolate production at the Diamond Chocolate Factory nestled in the village of Victoria on the west coast of Grenada. You’ll find it in an 18th-century converted rum distillery, which was built by French monks. Nowadays, the factory’s responsible for making “Jouvay” – one of the world’s top 10 chocolates, according to National Geographic. This chocolate’s completely organic and you’ll learn how it’s made – from the harvest of the cocoa beans, to watching them dry on trays under the Caribbean sun.

A visit to the garden of cocoa trees to see, cocoa, cloves, chili, nutmeg, flowers, fruits, followed by a delicious chocolate tasting, will conclude this pleasant visit to one of the most amazing sites in the Caribbean.

Next, proceed for a visit to Concord Fall, where nutmeg and cocoa trees grow along the flanks of the hills in the tropical forest. Upon arrival, relax with a complementary drink and take a refreshing swim in the lovely natural waterfall-pool (Conditions permitting). Following your visit, commence the approximately 45-minute drive back to the cruise terminal.

Please note: Guests will get the opportunity to swim at the waterfall site. The water at the waterfall is not crystal clear at all times especially when it rains, however, it is safe to swim or take a quick dip. Terrain at the waterfall is uneven and may be slippery.

Helpful hints: wear a swimsuit under your clothes and bring sunscreen, a hat, sunglasses, a towel from the ship and water.

The tour sequence may vary. There’s not visit inside the chocolate factory.

The drive from St George’s to the Chocolate factory will take 1h20 minutes, on a winding road.

GRENADA - Trek to Bamboo Fall

Duration:	Activity level:	Price:	Transportation:	Min 20 / Max 42
4:00	<i>Strenuous</i>	49 €	minibus	participants

This excursion is a must for all Nature lovers; it is a wonderful journey of discovery starting at St George’s and following steep winding roads culminating at the rain forest peak, an amazing spot some 1900ft above sea level. This is Grand Etang Forest, a sanctuary and nature reserve located in the islands Central Mountain Range. Here lush vegetation, towering mahogany trees, ferns and colourful tropical flowers provide a vivid background to a wide cross section of bird and animal life. If you enjoy trekking, then you will love the trail through the rainforest to reach Bamboo falls. The trek will take you over a private plantation where you will see nutmeg, cocoa, bananas, and many other vibrant tropical plants. It can be muddy and slippery, especially if it has rained recently, so please choose your footwear accordingly. Bamboo Falls is known as one of the most famous and beautiful Grenada’s waterfalls and is certainly worth the 30-minute trek to get there.

Fresh local organic orange juice will be available on your return to the Cruise Terminal.

Enjoy unspoilt nature at its finest and join us on this unforgettable Eco trek.

Please note: This tour must be considered strenuous and is suitable only for guest who are in very good physical conditions. Rain Forest terrain is muddy and can be slippery. Before arriving to the fall guests must cross a river and have feet up to the knees into the water.

Helpful hints: wear light clothes and comfortable hiking shoes (closed shoes with grip) and bring a hat, sunscreen, and water.

Guests who wish to swim at the waterfall are advised to wear a swimsuit under a cover-up and bring aqua shoes.

The drive from the ship to the start of the trail takes approximately 45 minutes each way, on a winding and bumpy road.



GRENADA - Catamaran sailing and snorkeling tour

Duration:	Activity level:	Price:	Transportation:	Min 15 / Max 60
3:30	<i>Moderate</i>	72 €	catamaran	participants

From St. George's Harbor, you will sail on a catamaran along Grenada's west coast to stop at Molinere Bay. Here you will enjoy a snorkeling stop to discover the underwater sculpture park, located in Granada's marine protected area. These statues are sympathetically located to enhance the reef, making natural use of its varied topography. Then you will sail to Mango Bay beach (wet landing) for a second stop before a one-hour sailing back to the cruise terminal. Unlimited beverages are provided throughout, including rum punch, juices, and mineral water.

Please note: This tour is not suitable for guests with reduced mobility, back or neck issues and pregnant women. Guests must walk in ankle-deep water to (dis)embark to boat at Mango Bay. Half of the boat has shade.

Snorkeling is optional, Guests participating to the snorkeling must be experienced swimmers.

Unlimited beverages are provided throughout including rum punch (only after the snorkeling), juices and mineral water.

Helpful hints: wear your swimsuit under a cover-up and bring a towel, sunscreen, sunglasses, aqua shoes and a hat. Mask, snorkel, and snorkel vest are provided (no fins).

TOBAGO CAYS - Discover the Southern Grenadines by sailing catamaran

Duration:	Activity level:	Price:	Transportation:	Min 20 / Max
3:00	<i>Moderate</i>	75 €	catamaran	100
				participants

Cruise through the crystal blue waters and sparkling white sand beaches of the Marine National Park of Tobago Cays. Our first stop is at the Horseshoe Reef for snorkeling and swimming then on to view the exclusive Palm Island Resort. This will be followed by a rum punch and swim stop at the sparkling white sand beach of Mayreau, Salt Whistle, one of the top 10 beaches in the Caribbean. Swim and snorkel as much as you want on this truly memorable tour. You will be back at the beach for the ship's barbecue (weather permitting).

Please note: This tour is not suitable for guests with reduced mobility, back or neck issues and pregnant women.

Min age is 12 years (accompanied by an adult). Snorkeling is optional, Guests participating to the snorkeling must be experienced swimmers.

Useful tips: wear your swimsuit under a cover-up and bring a hat, sunscreen, sunglasses, a towel. Snorkeling equipment is not provided, please bring your equipment from the ship.

The itinerary and the tour sequence may be changed at Captain's discretion depending on weather conditions and tide.



SAINT VINCENT - Garden of Eden

Duration:	Activity level:	Price:	Transportation:	Min 7 / Max 60
3:00	<i>Moderate</i>	62 €	minibus	participants

Enjoy a tour through the capital, Kingstown, with its colonial and modern architecture before starting the scenic drive through the Mesopotamia Valley of St Vincent. The Marriaqua valley, with its volcanic richness, offers a spectacular panoramic view of what is often referred to as the “island’s breadbasket”. Banana plantations, nutmeg, cocoa, breadfruit, coconut and a multitude of root crops have thrived here for generations. You will visit the Montreal gardens, one of the two premier showplaces of the island’s flora. The gardens contain a wide range of tropical plants. In this tranquil, magical setting, admire the flourishing bougainvillea, frangipanis, hibiscus and the delicate wax like blooms of the anthurium lilies. The gardens offer an excellent view over local farmland and the distant sea. After the visit you will get back on the coach and continue your scenic drive, travelling through quaint villages and getting a true glimpse of everyday life in these rural communities, where farmers work on the hillsides using machetes.

Finally, the drive takes you along the picturesque Atlantic coast and a breathtaking hilltop view of the capital directly above the cruise ship berth.

Please note: This tour involves moderate walking on uneven surfaces with inclines and approx. 100 steps to negotiate (not all together). Guests will spend approx. 1:30 at Montreal gardens.

Helpful hints: wear weather-appropriate clothes and comfortable shoes and bring sunscreen, insect repellent, a hat and water. This tour includes a long panoramic drive on winding and bumpy roads (approx. 2 hours in total).

SAINT VINCENT - Reef life tour

Duration:	Activity level:	Price:	Transportation:	Min 15 / Max 40
3:30	<i>Moderate</i>	79 €	speedboat	participants

Depart from the cruise Terminal and cruise along the striking leeward coastline passing Fort Charlotte, fishing villages and tropical bays as we head into the bay, home to the country’s oldest coconut plantation, Mount Wynne.

At Mt Wynne beach enjoy snorkeling and /or beach combing at its best. Here the therapeutic black sand makes a stunning backdrop for the huge sea fans and the sheer variety of tropical fish will delight you. St Vincent boasts some of the finest and most diverse coral reefs in the Eastern Caribbean. Have some refreshments while soaking up the sun and fun.

Please note: This tour is not suitable for guests prone to motion sickness, guests with back and/or neck problems, guests with limited mobility and pregnant women.

Helpful hints: wear a swimsuit under a cover-up and bring a hat, sun protection, sunglasses, a towel from the ship and a change of dry clothes. Snorkeling equipment is not provided, please bring your equipment from the ship.



SAINT VINCENT - Offroad adventure in St Vincent and beach stop

Duration:	Activity level:	Price:	Transportation:	Min 7 / Max 42
3:30	<i>Moderate</i>	69 €	4WD vehicle	participants

Discover the history, beauty and lifestyle of the land and inhabitants of St. Vincent in an adventure-filled convoy of pickup/jeeps. We pick you up at the port and take you through the capital, Kingstown, with its cobblestone streets, 19th century churches and modern vegetable market. Scenic stops along the route afford breathtaking views over Kingstown, the Grenadines and Mesopotamia Valley with its small nutmeg, cassava and cocoa farms, fruit trees and banana plantations. Throughout the trip we pass deep gorges, farmers carrying machetes and riding donkeys, colorfully dressed women balancing baskets on their heads. You'll get a real feel for the life of a typical Vincentians.

Along the thunderous Atlantic Ocean coastline, we then travel pass Stubbs and the Diamond to reach Brighton Beach, where we'll stop for a swim and drinks. Our circuit back takes us through Calliaqua, the former capital of St. Vincent, with a view of Fort Duvernette behind the island resort of Young Island; pass the beaches and fashionable residential areas of Villa and Indian Bay; and culminates with a spectacular hilltop view of Kingstown, its harbor and the majestic mountains in the background.

Please note: This tour is not suitable for guests with limited mobility, pregnant women or anyone suffering from conditions (back, neck or other) which may be affected by bumpy roads. Vehicles are open off-road vehicles driven by professional driver-guides and each vehicle can accommodate 8 passengers. Minimum age to participate is 14 years old.

Helpful hints: wear a swimsuit under a cover-up and comfortable shoes and bring sunscreen, a hat, a towel and water.

BEQUIA - Heritage tour: Bequia by 4x4

Duration:	Activity level:	Price:	Transportation:	Min 8 / Max 40
2:00	<i>Moderate</i>	52 €	4WD vehicle	participants

Bequia, once a busy center for whaling and boat building, still retains its traditions and skills based on the sea. The superb anchorage, with a traditional lifestyle, has invited many visiting yachtsmen to drop anchors in Admiralty Bay. Let us take you on a scenic drive and gave you a true feeling of Bequia lifestyle.

Enjoy a 2-hour tour of the island taking the main road northwest of Port Elizabeth, to the Village of Hamilton, which brings us to the late 18th century Hamilton Battery. The canons that were found and remounted on the site are French, indicating the history of these islands. The Hamilton Fort affords a spectacular view of Port Elizabeth. We continue northeast to Spring, a shallow bay at the foot of an impressive coconut grove with trees that reach 100 feet and are very old. The valley is on one of the most fertile areas of the island, which was once a sugar plantation.

The ruins of the Spring Sugar Factory now house the Firefly Hotel on an 18th century estate. We continue on a scenic drive to Industry viewing the beautiful landscape of Bequia. Making our way back we will take a ride up to the famous lookout Mount Pleasant. Back in the harbor we can enjoy the peace and tranquility of our beautiful island before heading back on board.

Please note: Vehicles are open off-road vehicles driven by professional driver-guides and each vehicle can accommodate 8 passengers. This tour is not suitable for guests with limited mobility, pregnant women or anyone suffering from conditions (back, neck or other) which may be affected by bumpy roads.

Helpful hints: wear weather-appropriate clothes and comfortable walking shoes and bring a hat, sunscreen, insect repellent and water.



MARTINIQUE (Fort-de-France) – Balata Gardens and Habitation Clément distillery

Duration:

5:00

Activity level:

Moderate

Price:

79 €

Transportation:

motorcoach

Min 20 / Max 40

participants

This tour leaves from Fort-de-France and ends at Grande Anse d'Arlet.

Leaving Fort de France, you will take the Trace Road opened by the Jesuits in the eighteenth century. This is really a track rather than a road and runs between enormous bamboos and giant arborescent ferns and lianas.

The Botanical Garden of Balata, a marvelous garden, is now open to the public after 20 years of ground preparation and the careful collecting of flowers and plants by owner Mr. Jean Philippe Thoze, a botanical and landscape gardener. Walk under the trees and you will discover a multitude of botanical plants and flowers, a harmonious mix of color and form judiciously placed to delight the eye. The reception hall is located in an authentic Creole house which has been lovingly renovated.

After the visit of the gardens, you will take a panoramic road within the island to arrive at the historic Clément plantation, a genuine architectural and industrial heritage site on the island of Martinique. The Habitation Clément is one of the main rum producers on Martinique, but also one of the most beautiful sites in Martinique with thanks to its “remarkable garden” and its Creole Manor house. Cross the botanical garden with a rare collection of over 300 tropical plants, visit the rum cellars that house over two million liters of rum, and discover the techniques and process of rum making, and finish by tasting it!

In the old garden that borders the main house, many traditional trees provide a natural setting for the Creole manor house, that symbolically occupies the highest point of the estate. It is exceptionally well-preserved and decorated with ancient furniture. At the end of the visit, drive to Grande Anse d'Arlet, where the ship will be waiting for you.

Please note: This excursion involves extensive walking over uneven surfaces with inclines and steps to negotiate.

Roads are winding, so this is not the ideal tour for guests suffering from motion sickness.

Helpful hints: wear weather-appropriate clothes and comfortable shoes and bring a hat, sunscreen, insect repellent and water.

Driving times: 30min from Fort-de-France to Balata Gardens, 1:00 from Balata Garden to Habitation Clément, 1:00 from Habitation Clément to Grande Anse d'Arlet.

MARTINIQUE (Fort-de-France) - Discover Fort-de-France (with local food tasting)

Duration:

2:30

Activity level:

Moderate

Price:

55 €

Transportation:

walking tour

Min 8 / Max 36

participants

A walking tour through the heart of Fort de France is the ideal way of getting to know this vibrant creole capital. Groups are kept deliberately small so as to ensure a really personal, tailor-made experience.

During the tour you will absorb many fascinating facts about Fort de France, its history, architecture and local customs, interspersed with titbits of gossip as you eat your way through to a deeper understanding of the “Island of Flowers” as Martinique is sometimes known.

The tour starts up on picturesque Savannah square. Iguanas are frequent visitors to this pleasant shady park so you may well get some unexpected company. You will be able to admire the impressive architecture of the Schoelcher Library, a weird and wonderful mix of Romano-Byzantine, Art Nouveau and Neo-Egyptian styles, first presented to the public in Paris and then dismantled and shipped over to Martinique. You will see the cathedral dedicated to St Louis, built in the late 19th century in Romanesque revival style.

To whet your appetite, a stop at Fort de France’s colorful local market is included. The air here is redolent with the scent of spices: cinnamon, vanilla and saffron, and the bustling atmosphere, lilting creole accents, and stalls overflowing with exotic fruit and vegetables combine to make this an extraordinary multi-sensory experience. Your guide will give you an insider’s view of the market, revealing all its little secrets and pointing out local specialties. Halfway through the excursion, a small sitting break will be taken in a local restaurant to taste some typical products.

Please note: This excursion involves extensive walking and is not recommended to guests with reduced mobility.

Helpful hints: wear weather-appropriate clothes and comfortable walking shoes and bring a hat, sunscreen, and water.

This tour does not include any inside visits. The order of the sites seen may vary.



SAINT LUCIA (Marigot bay) - Panoramic Caribbean Coast and Soufrière

Duration:	Activity level:	Price:	Transportation:	Min 20 / Max 80 participants	Lunch included
5:00	Moderate	82 €	minibus		

This tour leaves from Marigot and ends in Soufrière.

Departing from beautiful Marigot Bay, you will travel along the western coast on the winding main road leading to the South of the island, bypassing the fishing villages of Anse la Raye and Canaries.

Arrive at the hotel “Villa des Pitons” (or similar) for a delicious Creole lunch. Nestled on the hillside this enchanting resort affords a spectacular view of St. Lucia’s rain forest. The sight of the majestic Pitons, two great peaks which have come to be a symbol of the island itself, will fill you with awe.

Your journey will continue to an award-winning historical site, the Soufriere Estate’s Diamond Botanical Gardens, Waterfall & Mineral Baths. Established in 1745, it is one of the oldest estates on the island.

A guided tour takes you through the beautiful Botanical Gardens and the falls which cascade down through mineral-streaked rock walls and jungle thick ferns. The water forms a stream that flows through underground pipes to a series of baths at different temperatures. These hot mineral springs are enjoyed today for therapeutic bathing.

Driving up through lushly verdant rainforest you will enter the world’s only drive-in volcano, La Soufrière. The roads lead you right up to the remnants of a volcanic crater; a moonscape of barren earth and gravel where pools of muddy water bubble and belch out clouds of steam and a smell of sulphur pervades the atmosphere. You can enjoy a warm dip in the sulphureous pool below the bridge.

Please note: A buffet lunch will be provided, but beverages are not included.

Useful tips: wear a swimsuit under your clothes and comfortable walking shoes and bring a hat, sunscreen, insect repellent, water and US \$ (to purchase gifts of additional beverages). Water shoes and swimming goggles can be useful.

The sulphureous water in the pool could damage jewelry and swimsuits and may irritate the eyes.

The journey to Soufrière takes approximately 1h45, on a winding road. Guests who suffer from motion sickness should take necessary precautions before the tour. Coasters or minibuses have small seats and limited space and legroom.

SAINT LUCIA (Marigot bay) - Offroad adventure in St Lucia

Duration:	Activity level:	Price:	Transportation:	Min 10 / Max 36 participants
3:00	Moderate	55 €	4WD vehicle	

A combination of fun, history, sightseeing and a change to see the island from a totally different perspective!

Take off in your jeep and embark on your journey where you will see in the valley banana plants swaying in the breeze and you enjoy a bit of off-road experience whilst driving through many communities. Stop along the route for a chance to sample refreshing coconut water and other seasonal fruits. Your forest adventure begins as you arrive at the start of your short hike which takes you along a river to a typical local waterfall of water cascading over the rocks, set in the lush greenery of the surrounding vegetation. Enjoy a cool dip in the river before heading back to the jeep for a drive to the nearby quaint and rustic fishing village of Anse la Raye. Interact with the villagers and stroll around the waterfront and maybe a chance to see the fishermen pulling in their catch for the day. Visit the historical Roman Catholic village church, one of the oldest churches on the island. On your return journey, drive along a coastal road enjoying the scenery with elevated sea views, just perfect for photos. A final stop at the Marigot Bay viewpoint is made and an opportunity to purchase some of the most delicious local sauces on island. Drive to your ship, with wonderful memories of a fun-filled day!

Please note: This tour is not suitable for guests with limited mobility, pregnant women or anyone suffering from conditions (back, neck or other) which may be affected by bumpy roads. Vehicles are 4WD open back vehicles, that can accommodate 10 or 14 passengers. Participants should remain seated when driving along the roads.

Useful tips: wear weather-appropriate clothes and comfortable walking shoes and to bring a hat, sunscreen, insect repellent and water. For the stop at the waterfall, wear a swimsuit under your clothes and to bring a towel from the ship and watershoes. The water at the waterfall is not crystal clear at all times especially when it rains, and the river carries topsoil and silt which makes the water seem unclean. However, it is safe to swim or take a quick dip. The walk to the waterfall is 15 minutes approx. each way over an uneven trail with rough ground and natural rocks that might be slippery. Be prepared to get your feet/shoes wet when going through the stream.



SAINT LUCIA (Soufrière bay) - Natural attractions of La Soufrière

Duration:	Activity level:	Price:	Transportation:	Min 10 / Max 80 participants
2:45	<i>Moderate</i>	55 €	minibus	

Drive through the town of Soufrière, bypassing the town square and the Cathedral, and reach the Sulphur Springs park, known as the Caribbean's, only drive-in volcano. The roads lead you right up to the remnants of a volcanic crater; a moonscape of barren earth and gravel where pools of muddy water bubble and belch out clouds of steam and a smell of sulphur pervades the atmosphere.

Your journey will continue to the Soufriere Estate's Diamond Botanical Gardens, Waterfall & Mineral Baths. Established in 1745, it is one of the oldest estates on the island.

Admire the tropical plants along the pathway and the magnificent waterfall before getting back on the bus.

After a short drive you will arrive at a restaurant nestled on the hillside, that affords a spectacular view of the Pitons, two majestic twin peaks soaring out of the sea at Soufrière Bay which have come to be a symbol of the Saint Lucia. Be sure to have your cameras at the ready for a splendid photo opportunity, while you enjoy a complementary local rum or fruit punch while relaxing on the verandah. The tour ends with a short drive down to the port, where your ship awaits.

Please note: Guests are advised to wear weather-appropriate clothes and comfortable walking shoes and to bring a hat, sunscreen, insect repellent, water and USD if they wish to purchase a small souvenir.

Coasters or minibuses have small seats and limited space and legroom. Roads in St Lucia are winding and bumpy.

SAINT LUCIA (Soufrière bay)- Zip line ride at Morne Coubaril Estate

Duration:	Activity level:	Price:	Transportation:	Min 10 / Max 40 participants
2:30	<i>Moderate</i>	79 €	minibus	

This excursion combines a short sightseeing tour with the adrenaline rush of zipping under the sheer Petit Piton, with breathtaking views of the historic town of Soufrière and the Caribbean Sea.

Depart ship and take a short drive through the rustic town of Soufrière up to the Morne Coubaril Estate in Soufrière. Take a guided tour of this working plantation and the gardens well stocked with the plants and flowers indigenous to the island.

Your guide will lead you up the estate driveway to manioc house where you will learn how cassava bread is made, you will learn about the process of de-husking a coconut and oven drying copra, before sampling some coconut water and jelly. Taste a ripe cocoa bean at the cocoa and coffee house before seeing the process of fermentation and bean drying, and the cocoa dance used to polish the dried beans. See the mule-driven sugar cane mill and enjoy some delicious fresh cane juice.

After the guided tour, you will be equipped with harness, helmet and gloves and be given a safety briefing and training demonstration before setting off on your zip line adventure.

The zip line offers a total immersion in the natural environment and panoramic view of the bay and the awe-inspiring Pitons. Eight zip cables move you effortlessly through the estate, before being carried into a canopy of banyan, coconut, plum and mango trees and across a bamboo-shadowed gorge. After your zip line adventure, you will enjoy some refreshment at a local restaurant close to the gift shop, before you return to the port.

Please note: This tour is only for Guest who are in very good physical conditions and it is not suitable for guests with fear of height, pregnant women, persons with heart or respiratory conditions. Participants will have to sign a waiver.

Coasters or minibuses have small seats and limited space and legroom. Roads in St Lucia are winding and bumpy.

Min age for is 8 years old (minors must be accompanied by an adult). Max weight is 220 lbs / 113 kg.

Useful tips: wear comfortable clothing (jeans or Bermuda-length shorts are recommend), sneakers or sandals (no flip-flops), and shirts with short sleeves (no sleeveless tops). Bring a hat, insect repellent, sunscreen, a change of shirt, water and US \$ or credit card if you wish to purchase any items at the gift shop. For guests with long hair, it is suggested wearing it in a ponytail or a bun. Helmet, hairnet and gloves are provided.



SAINT LUCIA (Soufrière bay) – Soufrière and Tet Paul nature trail hike

Duration: 2:00	Activity level: <i>Active (Strenuous)</i>	Price: 49 €	Transportation: minibus	Min 10 / Max 32 participants
--------------------------	--	-----------------------	----------------------------	---------------------------------

Set off from Soufrière Dock for a short drive through the town before going “back to nature” during a guided hike on the Tet Paul Trail with a local nature guide. As you follow the trail through some really spectacular scenery your guide will fill you in on the island’s flora and fauna, folk remedies, local customs, history and island life, to make this not just a nature walk but a really interactive cultural experience. There will be many stunning photo opportunities and beautiful views along the way.

Make sure you bring your camera because there are so very many wonderful photo opportunities. Breath-taking sights include the majestic Pitons, two mountainous volcanic rock formations, the far away Island of St Vincent, and the lush southern side of St Lucia including Jalousie Bay.

At the end of the trail there will be time to relax and enjoy some local refreshments and snacks before heading back to the Soufrière, where the ship will be waiting.

Please note: This tour must be considered strenuous and is suitable only for guests who are in very good physical conditions. The nature trail takes you through rain forest, uneven terrain, dirt tracks, narrow paths and in some areas up fairly steep slopes. The trail may be muddy if there has been some rain and inclines are moderate to steep. There is limited shade on this excursion. The Tet Paul Nature Trail hike can take about 45 minutes to complete depending on the group’s pace.

Useful tips: wear light, comfortable clothing and appropriate hiking shoes and bring a hat, sunscreen, insect repellent and water. A refreshment will be served after the hiking.

The journey between Soufriere and the nature trail takes approximately 15 minutes, on a winding and bumpy. Coasters or minibuses have small seats and limited space and legroom. Roads in St Lucia are.

SAINT LUCIA (Marigot) – Visit to a tropical fruit farm

Duration: 2:30	Activity level: <i>Moderate</i>	Price: 89 €	Transportation: minibus	Min 8 / Max 20 participants
--------------------------	------------------------------------	-----------------------	----------------------------	--------------------------------

Walk around the farm where you can discover local fruits such as golden apples, guavas and Souriee/Bilimbi. You'll watch a coconut-cutting demonstration and be able to drink fresh coconut water (subject to availability) and taste coconut jelly. You will watch a demonstration of banana harvesting and learn about the differences between bananas and plantains.

Tasting of the fruit and vegetables that make up the national dish. It consists of green bananas and salted fish with cucumber salad and fried plantains. You can also try some of the different local sauces, such as banana ketchup and barbecue sauce, spicy sauces and many others. For the connoisseur or curious novice, you can also sample some of the local rums, such as banana liqueur, spiced rum, Bounty rum and Chairmans rum.

Please note: The journey from Marigot to the farm takes around 15 minutes on a rough road.

Useful tips: wear weather-appropriate clothing and comfortable shoes, and bring a hat, sun cream, insect repellent and water. There is a small shop selling products from the farm, so remember to take some cash with you.



BARBADOS - Beach Break at Copacabana (ending at BGI airport)

Duration:	Activity level:	Price:	Transportation:	Min 10 / Max 25
4:30	<i>Easy</i>	95 €	minibus	participants

Suitable for passengers with flights leaving after 3:30pm.

How about enjoying your last hours in the Caribbean on a beautiful beach in Barbados, soaking up the warm sunshine before heading back home? The beach facility is a 15-minute drive from the Harbor. Your luggage will be stored on site, and you can just relax in a sun lounger on the beach.

Please note: Transfers to the airport will be provided at two pre-arranged pick-up times in order for the guests to make the most of their last day (at 12:45 pm for guests with flight after 3:30pm; at 2:15pm for guests with flights after 5:00pm). Airlines require guests on international flights to be at the airport at least 2h30 hours prior to their flight departure. The rate includes all transfers (port/beach/airport), the storage of luggage assisted by luggage attendant, one drink, one beach chair and a shared umbrella. Shower facility and washrooms are available. Two towels will be provided to each guest – 1 for the beach and one to dry off after the final shower.

BARBADOS - Farewell to Barbados island discovery tour (ending at BGI airport)

Duration:	Activity level:	Price:	Transportation:	Min 15 / Max 32
4:30	<i>Easy</i>	85 €	minibus	participants

Suitable for passengers with flights leaving after 4:00 pm.

Your tour starts along the famous West Coast of Barbados, allowing you to catch a glimpse of the lives of the rich and famous who own villas there. Along the route you will pass through Holetown and Speightstown two typically charming Caribbean towns. Next, you will head inland, and your first stop will be at Farley Hill National Park with its Great House ruins and vibrant gardens with a large variety of plants and trees and a spectacular view of the East Coast. Enjoy a leisurely stroll through the park before going on to discover the East Coast up close. Moving on from here you continue along the coast for a while with another picture stop at Bathsheba, the famous surfing spot in Barbados.

Next, stop for a refreshing drink before you drive up the hill to historic St. John's Parish Church which offers incredible views of the picturesque East Coast. Enjoy this breathtaking scene one last time, from 800 feet above sea level. The church building and grounds are a treasure belonging to the Barbados National Trust.

From here a short drive will take you to the Airport where you will find your luggage ready to be checked in.

Please note: Luggage will be loaded on a separate luggage truck and delivered to the Airport at the end of the tour. Guests will need to retrieve them at the airport before check-in.

Useful tips: wear weather-appropriate clothes and comfortable walking shoes and bring a hat, sunscreen, and water.

Star Clippers offers also the following transfer services (optional, upon reservation):

✓ Shared transfer to Barbados airport (BGI)

There will be one fixed departure from the port at about 09:00am, the arrival at the airport will be around 10:00am. This transfer is suitable for guests whose flight leaves after 12:30pm

✓ Private transfers to Barbados airport (BGI) / to hotels

Guests are requested to leave the ship before 10:00am. Latest pick-up time from the pier is at 10:00am.

Please note: Debark tours ending at the airport and transfers can be pre-booked prior your cruise.

For information and reservations, please contact our reservation department or your travel agent.



